



The 16th International Conference of The Jordan Society of Family Medicine

Theme: "Compassionate Care in the Digital World"

7-9 October 2026 Amman, Jordan

Wednesday, 7 October 2026

11:00 - Registration Opens

Session 1— Connecting Symptoms to Comprehensive Diagnosis (Oral) (12:00-13:00)

Moderators: Dr. Saeed Hanbali, Dr. Dr Taisir Al-Da'meh Dr. Wafaa Swalmeh

Time	Title	Speaker
12:00-12:10	PCOS: From Polycystic Ovaries to a Multisystem Metabolic Endocrine Syndrome	Dr. Aseel Aldamen
12:10-12:20	The Ear Holds the Clue: Careful Otoscopic Examination Leading to the Early Diagnosis of Glomus Jugulare in a Patient Presenting with Pulsatile Tinnitus	Dr. Abeer Aymen Ahmed Abu Dayyeh
12:20-12:30	PATIENT SATISFACTION WITH HEALTH EDUCATION SERVICES	Dr. Kholoud Anbari
12:30-12:40	From Insomnia to Pacemaker: Looking Beyond the Chief Complaint	Dr. Duha Albashaireh
12:40-12:50	PREVENTIVE SCREENING PRACTICES AMONG PHYSICIANS	Dr.Saja Al-harsees /Dr.Hala Al-Abd
12: 50-13:00	Networking Break in the Exhibit Hall	



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Session 2 — From Risk Factors to Better Health Outcomes (Oral)(13:00-14:0)

Moderators: Dr. Khansaa Abo Ghonmi Dr. Tariq Al-Momani Dr. Wafaa Shatnawi

Time	Title	Speaker
13:00-13:10	Social Media Consumption and Addiction Among West Bank University Students: A Cross-Sectional Study Using SMAS	Dr.Mohammed Tahayneh
13:10-13:20	Prevalence, Determinants, and Reasons for Formula Feeding Among Palestinian Mothers in the West Bank: A Cross-Sectional Study	Dr.Mohanad Jaber
13:20-13:30	Prevalence and Modifiable Risk Factors of Chronic Musculoskeletal Pain Among Medical Students: A Cross-Sectional Study of Sleep Quality, Physical Activity, and Sleeping Posture.	Dr.Loiy Khasawneh
13:30-13:40	PRECISION MEDICINE IN TYPE 2 DIABETES	Dr.Khadijeh Alhubidi
13:40-13:50	Barriers, Facilitators, and Predictors of Pulmonary Rehabilitation Referrals Among Physicians in Jordanian Tertiary Hospitals: A Cross-Sectional Study	Dr.Nazek Abuhlaweh
13:50-14:00	Childhood Malnutrition Care During the Gaza Siege: A Prospective Program Evaluation	Dr.Beesan Maraqa

Session 3 — Innovation, Technology, and Clinical Advances (Oral)(4:00-15:00)

Moderators: Dr. Maysoon Al-Nabulsi, Dr. Oqab Maayta Dr.Abeer Habarnah

Time	Title	Speaker
14:00-14:10	Perceptions, Acceptance, Readiness, and Perceived Barriers to Telemedicine Among Medical Students, Interns, and Residents at Jordan University Hospital: A Cross-Sectional Study	Dr. Asma Alghzawi
14:10-14:25	Early puberty in girls: An epidemic or a natural phenomena?	Dr. Sima Kalaldehy
14:25-14:35	ARTIFICIAL INTELLIGENCE IN PRIMARY CARE: OPPORTUNITIES, CHALLENGES, AND FUTURE DIRECTIONS	Dr. Lama Alabed
14:35-14:45	Efficacy and safety of intranasal dihydroergotamine for the acute treatment of migraine: a systematic review	Dr. Shahd Nofal
14:45-14:55	The evolving role of chemoimmunotherapy in the management of advanced pleural mesothelioma: efficacy, safety, and implications for comprehensive cancer care	Dr. Abdalrahman Qutami
14:55-15:05	Primary healthcare and Community Health Enhancement Program	Dr. Atallah Alissa

Jordan Medical Association

Jordan Society of Family Medicine



نقابة الاطباء الاردنية
جمعية اختصاصيي طب الأسرة الأردنية

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Time	Title	Speaker
15:05-15:15	Assessment of Anxiety and Stress Associated with Endoscopic Procedures: Analytical Cross-Sectional Study	Dr. Anas Bani Hani
15:15-16:00	Networking Break in the Exhibit Hall (Coffee Break)	



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Opening Ceremony (16:00–17:15)

Time	Title	Speaker
16:00	National Anthem	
16:05	Recitals from the Holy Qur'an	
16:10	Address of the Chairman of the Scientific Committee	Dr. Adi Khasawneh
16:15	Address of the President of the Jordan Society of Family Medicine	Dr. Suha Khalifeh
16:20	Address of WONCA EMR (East Mediterranean Region of the World Organization of Family Doctors) Elected President	Dr. Mohammad Alazemi
16:25	Address of the President of the Jordan Medical Association	Dr. Issa Khashaneh
16:30–16:40	Address of Conference Patron	H.E. Dr. Ibrahim Al-Bdour, Minister of Health
16:40–16:45	Shields Awarded	
—		Master of Ceremony Dr. Juma Taha
16:45–17:15	Networking Break in the Exhibit Hall	



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Session 4 — Transforming Chronic Disease Care (17:15–18:40)

Moderators: Dr. Abdulaziz Almahrezi (Oman) Dr. Eman Jabi

Time	Title	Speaker
17:15–17:30	Artificial Intelligence and the Revolution in Healthcare Professions.	Dr. Mohammed Rasoul (Jordan)
17:30–17:50	Kerendia for Diabetic patients with chronic kidney disease. Sponsored by Bayer Healthcare	Dr. Omar Abu Hijleh (Jordan)
17:50–18:05	Connected care: better outcomes.	Dr. Oraib Alsmadi (Jordan)
18:05–18:25	From Weight Management to Health Improvement: The Role of Semaglutide 2.4. Sponsored Lecture (Novo Nordisk)	Dr. Firas Tarawnah (Jordan)

Session 5—Improving Outcomes in Chronic Conditions (17:15–20:00)

Moderators: Mohammed Nayef Al-Qatarneh, Adnan Waqyan (Kuwait)

Time	Title	Speaker
18:25–18:40	Safe Care for Life — Who Holds the Thread? Family medicine and the safety of lifelong NCD care	Dr. Saeed Salah (Egypt)
18:40–18:55	THE National Diabetes Program (NDP) in THE MENA Region	Dr. Maryam Al-Hajri (Bahrain)
18:55–19:05	Cosentyx: the inflammatory Journey of Hidradenitis Suppurativa Sponsored Lecture by Novartis	Dr. Nidal Dabour (Jordan)
19:05	Dinner	



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08:00 Registration Opens

Session 6 Beyond Disease: Modern Primary Care Challenges (08:30–09:30)

Moderators: Dr. Ghazi Sharkas Dr.Samer Moazen(Syria). Dr. Mohamad Al Khaldi

Time	Title	Speaker
08:30–08:45	Diabetes and Cardiorenal Complications: From Burden to Action.	Dr. Nagham Abo Shaqra (Jordan)
08:45–09:00	From Distress to De-Stress: What We Can Learn from the ATOS PRO Study Sponsored by Ulfa Pharma Co.	Dr. Adi Khasawneh (Jordan)
09:00–09:15	VIRAL BUT VALID? HOW SOCIAL MEDIA TRENDS ARE REWRITING THE PATIENT- DOCTOR RELATIONSHIP	Dr. Alaa Elayyan (Jordan)
09:15–09:30	Geriatric Sleep Disorder Treatment & Management	Dr. Dana Abu Al-Rub (Jordan)

Session 7 Evolving Strategies for Chronic Disease Care (09:30–11:00)

Moderators: Dr. Ghazi Sharkas Dr.Samer Moazen(Syria) Dr. Mohamad Al Khaldi

Time	Title	Speaker
09:30–09:50	Vildagliptin: Powerful Control & Proven Protection JORDAN DRUG STORE — Sponsored Lecture	Dr. Rami Salama (Jordan)
09:50–10:05	A Case Report and Call for Pre-Treatment Screening	Dr. Tarek Shakran (KSA)
10:05–10:20	Updates on Chronic Pain Management in Primary Care	Dr. Abdulaziz Almahrezi (Oman)
10:20–10:40	Vildagliptin in Modern Diabetes Care: Where Does It Fit Today? JORDAN DRUG STORE — Sponsored Lecture	Dr.Mohammad Juma Ibrahim(Jordan)
10:40–10:55	Dementia in 2026: Changing the Way We Diagnose and Treat	Dr. Lana Halaseh (Jordan)
10:55–11:00	Discussion	
11:00–11:20	Networking Break in the Exhibit Hall	



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Session 8— From Diagnostic Uncertainty to Personalized Care (11:20–13:00)

Moderators: Dr.Adi khasawnaeh Dr.Ali Shakir Dauod (Iraq)

Time	Title	Speaker
11:20–12:25	Xolair- treatment updates in CSU. Sponsored Lecture by Novartis	Dr Mohammad Al Tawara (Jordan)
12:25–12:40	THE PATIENT WITH "NORMAL TESTS WHO STILL FEELS UNWELL" What should the family physician do next?	Dr. Wafa'a Shatnawi (Jordan)
12:40-12:55	Artificial Intelligence in Family Medicine: Transforming Primary Care Through Smarter, Safer, and More Personalized Healthcare	Dr. Aysheh Azmi Adel Mohammad (Jordan)
12:55-13:00	Discussion	
13:00-14:00	Lunch	

Session 9— Precision and Innovation in Primary Care (14:00–15:05)

Moderators: Dr. Mohammed Rasoul Dr. Ersin Ekpinar

Time	Title	Speaker
14:00-14:15	Celiac Disease.	Dr. Maisam Akroush (Jordan)
14:15-14:30	Role Of AI In Diabetes Management.	Dr. Gharam Harhasha (Jordan)
14:30-14:45	The Silent Thyroid: Rethinking Who Really Needs Treatment.	Dr. Ali Shakir Dauod (Iraq)
14:45-15:00	Compassionate Care in the Digital Era: Practical Strategies for Patient-Centered Primary Care.	Dr. Ashraf Amir (KSA)
15:00–15:15	Your Gut Microbiome Sponsored by Medlabs	Dr. Ruba Abed (Jordan)
15:15-15:20	Discussion	



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Session 10 — Emerging Risks in Preventive Health (15:20–16:40)

Moderators: Dr. Zaina Alazawi Dr.Tamara altawara

Time	Title	Speaker
15:20–15:35	The risk of autoimmune disease post-COVID	Dr. Suzanne Alsayed (Jordan)
15:35–15:50	"I don't feel safe!" Violence and its Effect on Healthcare	Prof. Ersin Akpınar (Turkey)
15:50–16:10	Jordan Evolving Tobacco Landscape	Dr. Khalid A. Kheirallah (Jordan)
16:10-16:25	Dyslipidemia management 2026 guidelines	Dr. Islam Abu Sido (Jordan)
16:25–16:30	Discussion	
16:30-16:45	Networking Break in the Exhibit Hall	

Session 11 — Changing Perspectives in Modern Family Medicine (16:40–17:50)

Moderators: Dr. Amal Abo shanab, Dr. Arwa Al-Kashan

Time	Title	Speaker
16:45-17:05	[Think Earlier, Act Earlier: Role of early use of Jardiance for Better Cardiorenal Outcomes across CRM. Sponsored by Boehringer Ingelheim	Dr. Islam Abu Sido (Jordan)
17:05–17:20	Beyond Delivery, Before Recovery: From Woman to Mother — Understanding Matrescence	Dr. Wafaa Swalmeh (Jordan)
17:20-17:35	23 Years Later: What We Got Wrong About Hormones.	Dr. Islam Awamlah (Jordan)
17:35-17:50	Navigating the Perfect Storm: Family Medicine in an Era of Workforce Crisis, AI and Global Change.	Dr. Mehmet Ungan (Turkey) Virtual
17:50–17:55	Discussion	



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Hall B: (Mirena IUCD Insertion Workshop)

Duration: 2hours (10:00-12:00) Instructor: Dr. Wael Khalifa

Sponsored by: Bayer Healthcare

Time	Topic
30 min	Mirena Overview – 8 years of contraception
30 min	Patient selection and counselling (covering myths and misconceptions)
50 min	• The Placement Procedure using uterus models and Pelvic model • Managing technical issues
10 min	Closing



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Session 12— Advancing Cardiometabolic Outcomes (09:00–10:00)

Moderators: Dr. Munir Abu Al-Samin / Dr. Maya Arafat (Syria)

Time	Title	Speaker
09:00–09:20	Moving forward. Sponsored by AstraZeneca	Dr. Ibrahim Aqeel (Jordan)
09:20–09:40	Optimizing the outcome of T2D patients with fixed-dose combination of empagliflozin and linagliptin. Sponsored Boehringer Ingelheim	Dr. Jihad Haddad(Jordan)
09:40–09:45	Discussion	
09:45–10:00	Networking Break in the Exhibit Hall	

Session 13— Beyond Glycemia: Organ Protection in Chronic Disease (10:00–11:45)

Moderators: Dr. Mustafa Al-Qawasmeh, Dr. Imad Soub

Time	Title	Speaker
10:00–10:20	A new era of defining COPD Management . Sponsored by AstraZeneca	Dr. Osama Bdour (Jordan)
10:20–10:40	Forxiga is different HF. Sponsored by AstraZeneca	Dr. Osama Okkeh (Jordan)
10:40–11:00	Forxiga is different CKD. Sponsored by AstraZeneca	Dr. Ali Zoubi (Jordan)
11:00–11:20	Benefits of early detection & treatment in ILD. Sponsored by Boehringer Ingelheim	Dr. Khaled Owaidat (Jordan)
11:20–11:40	From Glycemic Control to Kidney Protection: The SGLT2i Evolution. Sponsored by HIKMA	Dr. Mohammad Jumah Ibrahim (Jordan)
11:40–11:45	Discussion	



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Session 14— Precision Monitoring and Kidney Protection (11:45–12:30)

Moderators: Dr. May Hadidi, Dr. Maha Al-Sahib Dr. Naif abdallat

Time	Title	Speaker
11:45-12:00	Diabetic Kidney Disease: From Early Detection to Evidence-Based Practice.	Dr. Randa Farah (Jordan)
12:00-12:15	Continuous Glucose Monitoring: Principles and Clinical Use.	Dr. Rasha Odeh (Jordan)
12:15-12:35	Changing the CKD trajectory with Jardiance: Lessons from EMPA-KIDNEY. Sponsored by Boehringer Ingelheim	Dr. Yousef Nijmeh (Jordan)
12:35-12:40	Discussion	
12:40-13:40	Lunch Friday prayer	

Session 15— Evidence-Based Decisions in Modern Medicine (13:40–15:00)

Moderators: Dr. Oraib Al Smadi Dr. Suhad Joeda Dr.Wafaa Al-Adamat

Time	Title	Speaker
13:40–13:55	Diabetes In Women.	Dr. Nadima Shaqam (Jordan)
13:55–14:10	The basis of weekly insulin therapy.	Dr. Enas Younis (Jordan)
14:10–14:25	TRT: What Not to Do.	Dr. Ali Alrawahneh (Jordan)
14:25–14:40	Migraine – ER Guidelines.	Dr. Dima Dahdaleh(Jordan)
14:40–14:55	Introduction to Health Economics and HTA: From Evidence to Decisions.	Dr. Fadel Abdulsalam Freihaat(Jordan)
14:00–15:00	Discussion	



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Session 16— Lifelong Care Across the Age Spectrum (15:00–16:20)

Moderators: Dr. Hashem Abdallat, Dr. Muhammad Adwan, Dr. Sara Otoum

Time	Title	Speaker
15:00–15:15	Adult ADHD	Dr. Falah Tamimi (Jordan)
15:15–15:30	Ophthalmology: Cases for Life	Dr. Nakhleh Abu-Yaghi (Jordan)
15:30–15:45	Jordan Digital Health Center Pioneering Digital Health	Dr. Emad Abu Yaqeen (Jordan)
15:45–16:00	Breaking the ice: how to approach childhood obesity	Dr. Ruba Jaber (Jordan)
16:15–16:20	Iron Deficiency Anemia Diagnosis in 2026: American Society of Hematology 2026 Guidelines for Diagnosis of Iron Deficiency	Dr. Amani Mahmoud Al-Hajj (Jordan)
16:00-16:05	Discussion	

Friday, 9 October 2026

(2 Hours Abdominal Ultrasound Workshop)

Instructor: Dr. Adnan Zayadeen (20 participants) (10:00-12:00)

TIME	SESSION / TOPIC
30 min	Lecture 1: Ultrasound Physics & Machine Familiarization
30 min	Lecture 2: Getting Started with the Exam & Normal Appearance
30 min	Live Instructor Demonstration
30 min	Live Examination by Participants